February 2015 E-Newsletter

International Coverage

ENGLAND

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CALENDAR
Dates for your diary

NPL
West Midlands Warriors Home Fixtures

LOCAL NEWS
Clubs Courses Competition Back to Netball And much more!!

SPECIAL FEATURES
International Coverage Superleague on TV Workforce Regional News NPL League Review

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Renew You!

FROM HELPING PEOPLE GET BACK TO NETBALL TO THE REGIONAL PERFORMANCE PATHWAY. WE ARE HERE TO INCREASE PARTICIPATION AND RAISE THE STANDARD OF NETBALL, OFFICIATING AND COACHING FROM GRASSROOTS TO NATIONAL LEVEL HERE IN THE WEST
Hello West Midlands!

We have had a very busy few months with Regional Schools, Back to Netball sessions, School Games, College sessions and the National England Netball Conference. This year’s Sport England Active People survey have shown that more people are playing netball, with 26,500 more participants compared with the same time last year. A massive thank you goes out to our staff, board, counties, volunteers and members for playing your part in this increase.

Other good news this month saw England’s triumph in winning the bid to host the 2019 World Cup. We look forward to this summer’s event and to hopefully see England put their close matches with New Zealand and Australia behind them and push forward with a great World Cup run. The next few months will see our development staff planning for 2015/2016 season, with a particular focus on how we can better support our volunteers within the West Midlands region. We recognise that without all of your hard work, we wouldn’t be seeing as many people playing our beloved sport. Enjoy the last of the winter months and keep your eyes peeled for some exciting events for both participants and volunteers over the coming months.

<table>
<thead>
<tr>
<th>DATE 2015</th>
<th>EVENT</th>
<th>VENUE</th>
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<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; March</td>
<td>Time to Listen</td>
<td>Walsall Campus Sports Centre University of Wolverhampton</td>
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<td>19&lt;sup&gt;th&lt;/sup&gt; April</td>
<td>Regional Management Board Meeting</td>
<td>Walsall Campus Sports Centre University of Wolverhampton</td>
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<td>25&lt;sup&gt;th&lt;/sup&gt; April &amp; 23&lt;sup&gt;rd&lt;/sup&gt; May</td>
<td>Level 1 UKCC Course</td>
<td>The Point 4, Hereford</td>
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<td>2&lt;sup&gt;nd&lt;/sup&gt; &amp; 3&lt;sup&gt;rd&lt;/sup&gt; May 30&lt;sup&gt;th&lt;/sup&gt; &amp; 31&lt;sup&gt;st&lt;/sup&gt; May &amp; 21&lt;sup&gt;st&lt;/sup&gt; June</td>
<td>Level 2 UKCC Course</td>
<td>Dame Elizabeth Cadbury College, Birmingham (South)</td>
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<tr>
<td>17&lt;sup&gt;th&lt;/sup&gt; May</td>
<td>Regional Management Board Meeting</td>
<td>Walsall Campus Sports Centre University of Wolverhampton</td>
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<td>6&lt;sup&gt;th&lt;/sup&gt; &amp; 27&lt;sup&gt;th&lt;/sup&gt; June</td>
<td>Level 1 UKCC Course</td>
<td>North Birmingham Academy, Birmingham</td>
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<tr>
<td>26&lt;sup&gt;th&lt;/sup&gt; July</td>
<td>Regional Management Board Meeting</td>
<td>Walsall Campus Sports Centre University of Wolverhampton</td>
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<td>1&lt;sup&gt;st&lt;/sup&gt; &amp; 29&lt;sup&gt;th&lt;/sup&gt; August</td>
<td>Level 1 UKCC Course</td>
<td>Xcel Leisure Centre, Warwickshire</td>
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<td>26&lt;sup&gt;th&lt;/sup&gt; Sept &amp; 17&lt;sup&gt;th&lt;/sup&gt; Oct</td>
<td>Level 1 UKCC Course</td>
<td>Streetly Academy, South Staffordshire</td>
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<td>25&lt;sup&gt;th&lt;/sup&gt; October</td>
<td>Regional Management Board Meeting</td>
<td>Walsall Campus Sports Centre University of Wolverhampton</td>
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The England Performance Pathway is a vital part of improving the standard of competitive netball played in England, with its main aim to ensure there is an increased number of better quality athletes progressing into the England High Performance programme. The Pathway will act as a conveyor belt for high quality English athletes, taking players from 11-12 years old, all the way through to our Senior National team.

**Head Coach - Anna Mayes**
@ENCoach_Mayes

Previously a senior lecturer in Coaching Science at the Cardiff Met University (previously known as UWIC) Anna was appointed as the Head Coach of the England National Squad in November 2011. Anna is also currently undertaking an auto ethnography PhD within coaching, to compliment her practical understanding with theory.

Despite being relatively young in coaching years, Anna has been involved with the England Netball national coaching programme since 2002 in the capacity of England performance camps, taking on the role of co-coach of the England U21 Squad which competed at the World Youth Championship in 2009 and as assistant coach for the Commonwealth Games in 2010 winning a bronze medal with the team. Caretaker coach of the Fastnet Squad in 2010, Anna then went on to be assistant coach for the World Netball Championship team in 2011 which won a bronze medal; then care taker coach of the national squad tour to Aus/NZ in 2011 and most recently led the 2011 Fast net squad to gold medal victory in November 2011 and not to mention the 3-0 Series whitewash against rivals Australia in January 2013. Anna’s two biggest influences and role models in her life are her mum and Lyn Gunson.

CEO of England Netball Joanna Adams, commented “We’re absolutely thrilled to have been awarded the right to stage the World Cup, the biggest competition in netball. With participation increasing in the sport, this will provide a welcome incentive to build upon our momentum and increase the visibility of netball in our country.

To read more click the picture.
MAKE 2015 YOU’RE GOAL!!!
Contact either your Local Netball Development OFFICER/Community Coach or the office for further details 01902 518752

UKCC Courses
CALL THE OFFICE 01902 518 752

NEXT Level 1 –
Point 4 – Herefordshire, 25th April & 23rd May.
North Birmingham Academy – 6th & 27th June.
Xcel Centre – 1st & 29th August.

NEXT Level 2 –
Dame Elizabeth – Birmingham 2, 3, 30, 31 May & 21 June 2015.

Level 3 – Please Visit:
http://www.englandnetball.co.uk/make-the-game/coaching/ukcc_level_3_courses

Activity/Workshop Information
Call 01902 518752

HIGH 5
High 5 is a great way for kids to get active, enjoy themselves and make new friends. Specifically aged 9-11 for both Girls and Boys! So join in the fun, get your school or club involved and PLAY HIGH 5 NETBALL.
http://www.englandnetball.co.uk/my-game/High_5

NETS
England Netball is delighted to announce that we are introducing a fabulous new version of the sport, Nets!
See the YouTube link below:
https://www.youtube.com/watch?v=DS9adEkZjnA

TTL
From April 2015 England Netball will require all club safeguarding officers (CSO) at CAPS clubs to have attended a Time to Listen (TTL) workshop as part of their club development. The TTL workshop is FREE to attend (for CSO’s) and £30 for any other individuals interested in attending.

Follow the link below:
http://www.englandnetball.co.uk/make-the-game/safeguarding/Time_To_Listen_Training

Course at West Mids 1st March.
The Club Action Planning Scheme (CAPS) is aligned to the Sport England Clubmark accreditation scheme which is the only national cross sports quality accreditation scheme for clubs with junior sections. It is built around a set of core criteria which ensure that accredited clubs operate to a set of consistent, accepted and adopted minimum operating standards. We know Club Action Planning Scheme is a bit of a mouth full so we call it CAPS!

The Club Action Planning Scheme is a programme designed to captivate you and your netball club. It aims to support you to deliver a quality netball development programme and operate in line with best practice. England Netball relies on volunteers and clubs to help us in all areas, and they make a huge contribution to the game of netball. We have developed this toolkit to help you pull together the evidence you will need to gain the accreditation and will show you key areas where you might need further work. We want to empower you to help increase the numbers of netballers in your local community, ensure you are providing a safe environment for your members and make sure important aspects of your club’s management are applied.

The following section contains lots of information and criteria to fulfil, together with the downloadable guidance notes and templates to help you be the best club you can be. Our team of dedicated Netball Development Officers, in every county, are here to help so please do not hesitate to get in contact – that is what we are here for!

Congratulations!

Awards for:
Willenhall Town Wanderers
Sutton Royals
Ambleside
Libra Lea

Well-done all

We want to reward clubs for achieving and maintaining their CAPS status so remember when you do this your club receives the following as a thank you. Clubs will receive cheques for the following amounts:

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<tr>
<th>Achieving Bronze, Silver or Gold</th>
<th>Re-accreditation</th>
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<tr>
<td>Bronze - £100</td>
<td>Bronze - £100</td>
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<tr>
<td>Upgrade to Silver - £50</td>
<td>Silver - £150</td>
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<tr>
<td>Upgrade to Gold - £75</td>
<td>Gold - £200</td>
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</table>
A light hearted day, to keep the nifty ones at bay!

After speaking with Fiona Cashmore, we notice that it’s a fantastic session to engross these ladies with fun, friends, a little light hearted competition but most of all a session full of laughter.

For those that maybe conscious of going out then this is definitely for you! Its warm and friendly atmosphere will have you on a high and as Fiona Quotes “The whole thing is about laughing, it’s a weekly brain workout and we love it”

**Wednesday 10.00-11.00am at Aldersley leisure village, Wolverhampton, WV6 9NW £2.85 per person.**

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The inaugural Sainsbury’s School Games Level 2 Secondary Inclusive Netball Tournament took place in January at Myton School in Warwick. Following on from a successful skills event in October, six schools from across the CSW sub region took the court in what was their first netball competition for many. Supported once again by a fabulous team of Year 9 and 10 Sports Leaders from Myton, players from Woodlands, Campion, Myton, Corley, Round Oak and Hazel Oak, took part in a round robin event that saw a number of closely contested matches.

A superb display of accurate shooting saw Woodlands School from Coleshill take top spot followed by the team from Campion/Myton School. Sarah Taylor, Warwickshire Netball Development Officer, who organised the event in conjunction with CSW Sport, was thrilled with the level of determination, enthusiasm and sportsmanship on display and is looking forward to expanding the inclusive netball calendar within Warwickshire.
Ruth Hughes (Netball Development Officer Shropshire) has been very busy this year implementing new programmes in Shropshire to increase netball participation across all ages. The Back to Netball sessions have proved popular across the county with some sessions moving from an informal group to an affiliated club. Ruth has also been busy supporting local colleges to run netball sessions and has made some good links with Wolverhampton Wanderers to deliver some extra curriculum netball sessions in Telford.

Ruth’s latest pilot project has seen 10 ladies participating in ‘netball circuits’ to try and engage a different audience to the netball family. “The sessions aim to break down simple netball skills and movements to encourage people to do bite size chunks of exercise” Ruth explains. “Hopefully in the future, this can be set up across the region and will help people of all ages and abilities to engage with netball in a different way but still get the social and health benefits that the sport brings.”

Local primary teachers, coaches and parents recently attended two successful High 5 Workshops in Rugby and Kineton. All keen to develop their understanding of England Netball’s game for 9-11 year old girls and boys, the delegates enjoyed a combination of theory based and practical activities. Feedback from the workshop was really encouraging for local High 5 provision and everyone left feeling enthused to get started!

Congratulations to Liz McIntyre for successfully completing the England Netball ADL Umpire Tutor Training programme. This has been a rigorous process including classroom sessions, micro teaching, observations, formal assessments and co-delivery. Liz has worked tirelessly to complete all elements of the course and she will prove an invaluable asset to England Netball’s Tutor Workforce. What a fantastic result for Warwickshire too!

11 local Secondary School Teachers have successfully attended the YUA Teacher Orientation Workshop, held in Coventry in January, which now enables them to deliver England Netball’s Youth Umpire Award in their schools to pupils from Year 9 upwards. This award is the first rung on the umpiring pathway and hopefully the starting point of many of our future top officials.

Congratulations to Ambleside Netball Club from Nuneaton for successfully gaining reaccreditation as a Silver CAPS club. Special mention must be given to CAPS coordinator Janette Brill who worked incredibly hard to chase paperwork and collate all the information.
CASE STUDY – STAFFORD NETBALL CLUB

The Satellite Club Intervention has been a huge success within Staffordshire and Stoke-on-Trent. The creations of Satellite Clubs around the county have helped young people aged 11-25 take the step into community sport. Satellite clubs make it easy for young people to stay in sport, or to start playing sport for the first time. They provide a stepping stone to a community club or regular participation.

Stafford Netball Club is one of many clubs involved within this Intervention who have shown valuable results. There was a strong need from the club to create a Satellite Club due to having a waiting list of players wanting to join the club within the age range 12-16 year olds. The Satellite sessions have been able to allow these players on a waiting list to train and access casual netball sessions providing the opportunity for the players to join the hub clubs when openings appear.

The Satellite Club was set up at King Edwards VI School, every Tuesday 6-7pm linking in with the league night which followed after the session. This provided the opportunity for the Satellite Club participants to find out about local clubs that were looking for specific age groups and to have an insight on the competitive side of the game. The Satellite Club had a combination of skills coaching, umpiring and match play which enabled the players the opportunity to get involved in all aspects of the game. The club allowed the opportunity for all to take part or get involved within leadership by creating access to leadership courses.

The Satellite Club became very popular with 21 young people attending these sessions. Stafford Netball Club has had 5 satellite club members join the club – 13 more members were invited to join the main club sessions.

From the success of the Satellite Club at King Edward VI School, Stafford Netball Club have continued with the Satellite Club Intervention by opening this opportunity up to the surrounding schools and now have a successful Satellite Club at Stafford Sports College with 15 regular participants and 24 registered participants and 2 who have transitioned into the hub club.

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To find out about satellite sessions in your local area, contact your netball development officer.

STAFFORDSHIRE & STOKE ON TRENT SCHOOL GAMES AND STAFFORDSHIRE COUNTY HIGH 5 NETBALL FESTIVAL 2015

Staffordshire’s High Five Netball Festival took place in conjunction with the Staffordshire & Stoke-on-Trent School Games 2015 at Fenton Manor on the 3rd February 2015.

The County festival was in its 13th year whilst it was the fourth year for the School Games. The event was supported by the volunteers of Staffordshire County Netball Association and officiated by Young Leaders from Painsley Catholic College, Madeley High School, Cheadle High School and St Joseph’s College. The netball festival brought together 9 primary school teams compromising of boys and girls to develop their netball skills have some fun and compete to become Staffordshire High Five Netball Champions 2015!

The Winners of the Staffordshire High Five Festival 2015 were St Thomas Aquinas Catholic Primary from Stoke on Trent (South) Partnership and the Runners up were Oldfield’s Hall Middle School from the East Staffordshire Partnership.

Kate O’Leary, Netball Development Officer commented “It was an achievement for all of the schools who gained a place in the final. The standard of netball was good and it was great to see so many smiling faces. A huge thanks to all of the volunteers who helped to make the event a success”.

For more information about netball in Staffordshire please visit the Netball page at www.sportacrossstaffordshire.co.uk/Sports/Netball.

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Ellie Smith from Hereford started playing Netball at School and then joined her local club, Westside. Her natural athletic ability was spotted straight away by club coach Helen Bowden. Helen also the Herefordshire County Coach was in no doubt Ellie was County material and instantly became a strikingly consistent strength on and off the court.

Through Ellie’s County performances she was then noticed by the West Midlands Regional scouting team and our very own Performance Pathway Coach, Lesley Blair. Now exposed to Regional Levels of the game at both West Midlands Academies and playing for her club Westside at Regional League.

3 seasons ago, the top presenting team in the region, Worcester Reds also took a shine to Ellie’s skills and signed her up to play in their Premier league squad. Sam Rudd, Worcester NC Chair ‘our Head Coach Steve McLeod gave Ellie the opportunity to be exposed to top flight netball with us, where she has gained experience, tactful gameplay and the mental strength to play at the highest level. We are excited to watch Ellie develop further on court and wish her all the success she deserves’.

This has seen Ellie move up north into the Manchester NPL squad where she attends University. Ellie has the deserved joy of playing top level Netball with Team Northumbria and juggling studies.

Sky Sports reported on Monday’s live game against Celtic Dragons with Team Northumbria ‘extended their lead to 26-17 at half-time thanks to excellent court awareness from Ellie Smith at goal attack’.

Congratulations Ellie you doing us all proud, keep going strong & look forward to having you back in the West Midlands.
An Alvechurch woman who played netball at international level has launched her own coaching classes to encourage youngsters into the sport she loves. Sophie Baxter says netball has been her passion since childhood and she joined Ryland Netball Club in Bromsgrove at the age of nine.

Sophie went on to have a successful career in netball, representing Wales in the Commonwealth Games in Melbourne (2006), the World Championship in Auckland (2007) and the World Championships in Singapore (2011). After retiring from international netball, Sophie decided to go into coaching. She was technical coach for the Welsh netball team from 2012 to 2014 and coached at the Commonwealth Games in Glasgow last summer, as well as coaching at Ryland – and continuing her day job as a pharmacist.

“I don’t like to shout about my achievements, but my background is a big part of the reason I have been inspired to set up Rising Stars Netball,” says Sophie, who also continues to play for the Premier League team Ryland.

“I feel really strongly that I wouldn’t have achieved what I have if people hadn’t invested time and effort in me, especially as a youngster. It’s due to this that I want to put something back into the sport.”

The idea behind Rising Stars Netball is to give parents with young children an alternative to football, rugby and cricket classes.

“Currently, in the Midlands, children who want to play netball outside of school have to wait until they are at least eight, but Rising Stars Netball takes in children from two-and-a-half to eight years old.”

Sophie says she wants the children who come to the classes to improve their skills, learn to work as a team, make friends, grow in confidence and, most importantly, have fun – giving them the same positive experiences that she enjoyed.

Rising Stars Netball sessions run on Saturday mornings at Finstall First School in Bromsgrove. Information about class times, age groups and costs can be found at http://www.risingstarsnetball.co.uk
### Senior Regional League Div 1/2

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<td>Parkside</td>
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<td>60</td>
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<tr>
<td>Worcester Whites</td>
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### U19 Regional League A&B

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<td>Saracens</td>
<td>15*</td>
<td>56</td>
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<td>Tibberton Star</td>
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<td>Recycles</td>
<td>15*</td>
<td>42</td>
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<tr>
<td>Midrange</td>
<td>15</td>
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<td>Westside</td>
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<tr>
<td>Copsewood Diamonds</td>
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<td>33</td>
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<td>Elmdon</td>
<td>15</td>
<td>32</td>
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<tr>
<td>Foxes</td>
<td>150</td>
<td>22</td>
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</table>

(League to re-start September)

### Development Leagues

- **U13 Regional League**
- **U12 Regional League**

Development leagues, who aspire to be the best they can and enjoy!
West Midlands Warriors

V

teamnorthumbria.com

14th February 2015
Doors Open 4.00pm

28th February 2015
Doors Open 4.30pm
(Date TBC)

University Of Wolverhampton
Walsall Sports Centre
Gorway Road
WS1 3BD

Support Needed!

Tickets can be bought in advance by contacting:
Karen Seleshe
kseleshe50@hotmail.co.uk
Or can be purchased on the door.

£4.00 Adults
£2.00 ages 5–16 years
Under 5’s FREE

Brain Buster – Words!
KUKRI, CAPS, NETS, NETBALL, TEAM, ENGLAND, NPL, ENSURE, TTL, B2N, ENJOY, ENTRUST, WESTMIDLANDS,
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<tr>
<td>Kate O'Leary</td>
<td>kate.o'<a href="mailto:leary@englandnetball.co.uk">leary@englandnetball.co.uk</a></td>
<td>Netball Development Officer – South Staffordshire &amp; Staffordshire</td>
<td>/ 07545 924957</td>
<td>@NetballOfficer</td>
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<td>Stiffs BlackCountry Netball</td>
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<td>Pauline Knight</td>
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<td>@Bham_Netball</td>
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<td></td>
<td>Netball Birmingham</td>
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<tr>
<td>Ruth Hughes</td>
<td><a href="mailto:ruth.hughes@englandnetball.co.uk">ruth.hughes@englandnetball.co.uk</a></td>
<td>Netball Development Officer – Shropshire</td>
<td>/ 07545 924992</td>
<td>@Shropsnetball</td>
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<td>Shropshire County Netball</td>
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<td>Sarah Taylor</td>
<td><a href="mailto:Sarah.taylor@englandnetball.co.uk">Sarah.taylor@englandnetball.co.uk</a></td>
<td>Netball Development Officer – Warwickshire</td>
<td>/ 07540 126815</td>
<td>@WarwickNDO</td>
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<td>Sarah Taylor Warwick NDO</td>
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<tr>
<td>Lindsay Hacking</td>
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<td>Netball Development Officer – Herefordshire</td>
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<td>Gayle Penn</td>
<td><a href="mailto:Gayle.penn@englandnetball.co.uk">Gayle.penn@englandnetball.co.uk</a></td>
<td>Netball Development Officer – Worcestershire</td>
<td>/ 07540 126596</td>
<td>@NDOWorcs</td>
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<td>Worcestershire Netball Development Officer</td>
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<td>Zoe W</td>
<td><a href="mailto:zoe.w@englandnetball.co.uk">zoe.w@englandnetball.co.uk</a></td>
<td>Netball Development Community Coach – Black Country</td>
<td>/ 07872 407214</td>
<td>@B2NBlackCountry</td>
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<td>Val Thomas</td>
<td><a href="mailto:val.thomas@englandnetball.co.uk">val.thomas@englandnetball.co.uk</a></td>
<td>Netball Development Community Coach – Birmingham</td>
<td>/ 07854 090632</td>
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